

A GOOD FAITH ESTIMATE

Know your rights!

Under the No Surprises Act (45 CFR § 149.610), healthcare providers are required to provide patients who do not have insurance or who are not using insurance an estimate of the bill for medical items and services.

- You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services, including nutrition counseling and medical nutrition therapy.
- Ensure your healthcare provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You can also ask your healthcare provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is \$400 or more above your Good Faith Estimate, you have the legal right to dispute the bill.
- Make sure to save a copy or picture of your Good Faith Estimate.

For questions or more information about your right to a Good Faith Estimate, visit www.cms.gov/nosurprises or call 1-800-985-3059.